

Adapting the Diabetes Education and Self-management for Ongoing and Newly Diagnosed (DESMOND) programme to support people in the D/deaf community.



Leicester Diabetes Centre
Committed to Growing International Research, Education & Innovation



Walters H¹, Burdon J¹, Hall V¹, Schofield J⁴, Woodall M³, Northern A¹, Johnson V¹,
Davies MJ^{1,2}, Khunti K^{1,2}

1. Leicester Diabetes Centre, University Hospitals of Leicester NHS Trust, UK, 2. Diabetes Research Centre, University of Leicester, Leicester, UK,
3. Manchester Deaf Centre, Manchester, 4. Greater Manchester and Eastern Cheshire Strategic Clinical Networks, NHS Greater Manchester Integrated Care

Background:

People in the D/deaf community can have limited access to health education due to the need for British Sign Language (BSL) interpretation. DESMOND self-management education programme (SMEP) is designed to support people living with type 2 diabetes (T2DM) to become more confident in the management of their condition.

The DESMOND team collaborated with Greater Manchester (GM) Integrated Care to adapt the programme for the D/deaf population.

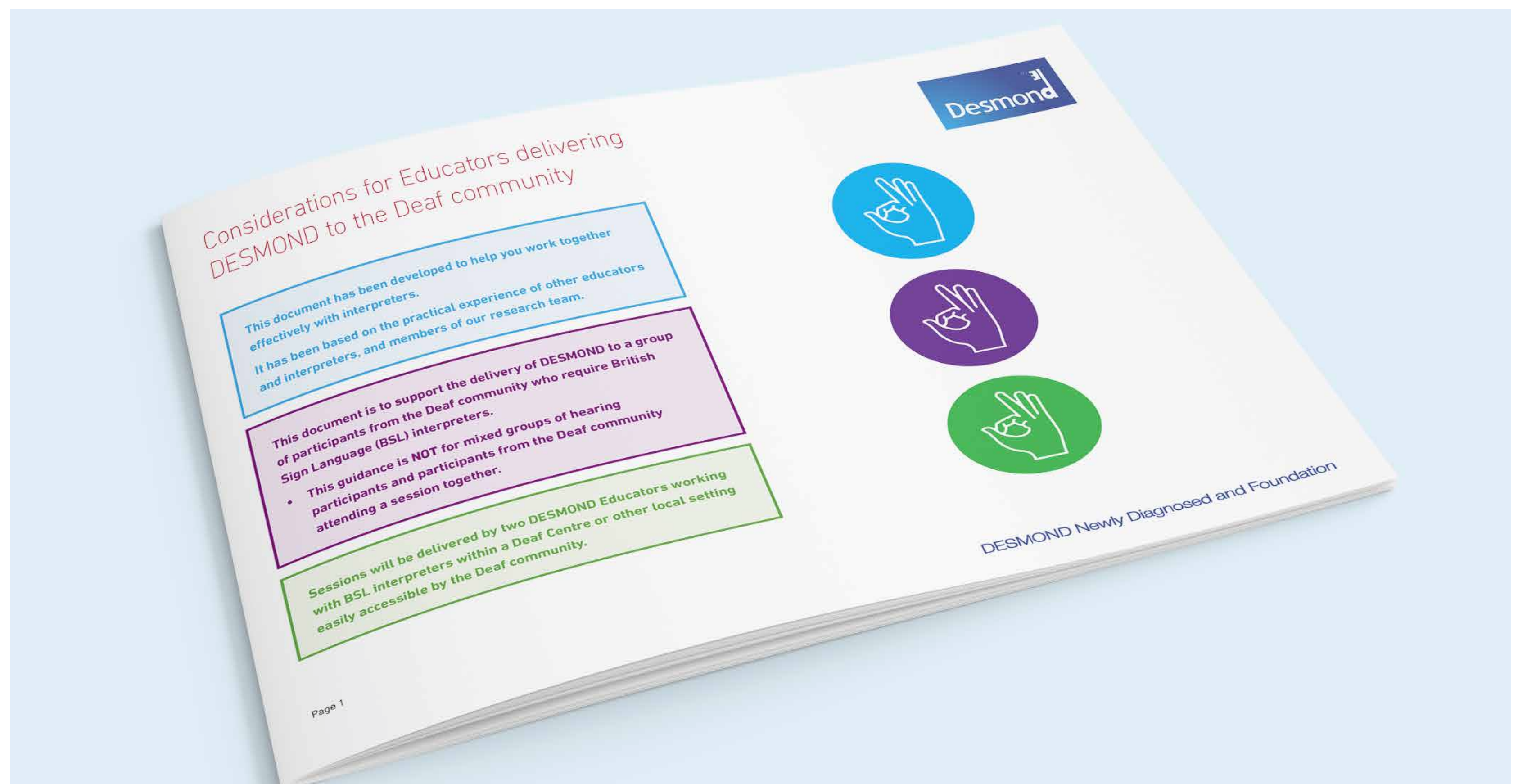


Aims: To identify what adaptations are needed to deliver the DESMOND programme for the D/deaf community.

Methods: An in-person discussion group with people from the D/deaf community living with T2DM was held with the support of the Manchester Deaf Centre (MDC).

Results: 10 participants, and 2 BSL interpreters all provided feedback.

Key areas of discussion included the need for DESMOND groups to be held in-person within a local Deaf Centre and a toolkit to be created for accredited DESMOND educators, and for the BSL interpreters working in DESMOND groups to include top tips, such as the need to elongate the programme to account for additional interpretation time. Additionally, BSL interpreters require access to the general content of the sessions before programme delivery including a glossary of terms, to help with the BSL interpretation of some clinical information.



Summary:

Following these discussions with key stakeholders, two toolkits have been developed to support future rollout of Desmond groups for the D/deaf community with T2DM across GM and support the 105 other Desmond providers to adapt their delivery. The toolkits are being piloted within the MDC to refine and implement in 2024.



In partnership with
University Hospitals of Leicester NHS Trust
Greater Manchester and Eastern Cheshire Strategic
Clinical Networks

Funding: This project was funded by NHS England Greater Manchester
Diabetes funding.

